

LHON is a rare condition that's hard to diagnose so keeping track of the symptoms could help your healthcare professional with the diagnosis. If you have LHON, your symptoms will get worse over time. Simply add the dates when you notice symptoms in this monthly tracker.

Symptom tracker for LHON vision loss

Name: _____ Month: _____ Year: _____

Symptoms	First noticed on	In one eye	In both eyes
Sudden vision issues			
Loss of sharpness			
Clouding of vision			
Loss of colour vision			
Central vision loss			
Other			

Additional notes: